



Registration Form

Each participant must complete their own individual form.

Full Name _____ Team Name _____

Home Address _____ City/ST/Zip _____

Phone # _____ Email _____

Date of Birth _____

In-Person Registration**

- \$30 Adult
- \$20 Youth (15 and under)

- Shirt Size*
- No Shirt

Virtual Registration**

- \$30 Adult
- \$20 Youth (15 and under)

- Adult
- Small Medium Large
 - XLarge 2XL 3XL
 - 4XL 5XL
- Youth
- Small Medium Large

To ensure your event shirt is mailed properly, please use your valid shipping address.

Additional Donation _____

Total _____

**Registration must be received by April 6 in order to guarantee a shirt in your desired size on event day. Registrations received on or after April 7 can pick up their shirt at packet pick-up, on event day, or via mail, but may not be guaranteed their desired size.*

***Discounted registration pricing is available online through April 30, 2026. To register online visit:*

<https://runsignup.com/Race/WA/Lakewood/EFNHungerWalk>

Race Waiver

I hereby waive all claims against Emergency Food Network Hunger Walk, its agents, sponsors, personnel, or volunteers for any injury I might suffer during the event. I attest that I am physically able to participate in this event and assume any and all risk associated with participation. I grant full permission to Emergency Food Network to use photographs and video recording of me for promotion of this or any other Emergency Food Network event. Registration fees and donations are non-refundable.

SIGNATURE (by parent/guardian if under 18)

DATE

For bank use only
Cash _____ Check# _____