



Sustenance

2018 Annual Report



A Message From Our Leaders

For Emergency Food Network, our commitment to our mission, “to provide Pierce County with a consistent, diverse, and nutritious food supply so that no person goes hungry” is woven into the fabric of our daily work and initiatives. Healthy food is critical to well-being and it’s a problem that touches every single community in Pierce County. Emergency Food Network is committed to relieving hunger.

On behalf of the Board of Directors and Emergency Food Network staff, we thank each of you for your ongoing and generous support of EFN. Your donations of food and financial support, your hours of volunteering at our warehouse repacks, Mother Earth Farm, and working at one of our many partner food pantries are truly appreciated. We are grateful to our extraordinary supporters for making this work possible. Your partnership is critical as we work to strengthen our community.

We couldn’t have had such a successful year without you! Looking back on 2017, we had several milestones. We completed a \$2.5 million capacity campaign, took over the Hunger Walk, added dairy to our purchasing program, started construction of a new warehouse and parking lot, and too many other things to mention.

One of the highlights was the success of the Hunger Walk & 5K Run. Our partner programs have told us of the lack of consistently donated dairy products. Our goal for the Hunger Walk & 5K Run was to raise enough funds to allow us to purchase 7,200 half gallons of 2% milk each month. We succeeded and have been able to purchase over \$9,000 of milk a month which started in October 2017. We got milk!

As we look forward, we want to extend our deepest thanks. Thank you for being our partner and sharing our belief that no person should go hungry.



Helen McGovern-Pilant
Executive Director



Paula Henson-Williams
Board of Directors, Chair





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Who We Are Helping



Pierce County Aids Foundation's Story

EFN and the Pierce County AIDS Foundation (PCAF) began our partnership in 2015. One of the many services PCAF offers to people affected by HIV/AIDS is a weekly food program. Since partnering with EFN, PCAF has switched their food program from the Chicken Soup Brigade to a weekly, self-select program that is popular with guests.

"The support we receive from EFN is amazing," says Cecilia Lavy, a Care Coordinator at PCAF who manages the food program. "I am very grateful that we have nutritious food to give to guests."

In addition to the basic need of food, the food program is social time for PCAF's clients. Guests line up before doors open and congregate together as they wait for their food. It is a warm environment where people can connect and support each other while also getting supplemental food for the week.

St. Leo Food Connection's Story

The St. Leo Food Connection is dedicated to building a bigger table for our community by providing healthy and nutritious food to individuals and families throughout Pierce County, and by working to address the systemic causes of hunger.

"There is more than enough food in our community for everyone to set a table for their family," says Kevin Glackin-Coley, Director of the St. Leo Food Connection. "We work with EFN and our other partners to find ways to get this surplus food to those who might otherwise go hungry."

30% of the food at the St. Leo Food Bank and more than 75% of the food for St. Leo's weekly Springbrook Mobile Food Bank comes from EFN. "The food we receive is of very high nutritional quality," says Glackin-Coley, "This is especially true during the summer and fall when we receive a tremendous amount of beautiful and diverse produce from EFN's Mother Earth Farm."





Food Pantry Guest Story

“Getting food makes a huge difference! It gives me more leverage with my food stamps to buy what I need. I’m in school right now, so normally I am in class when the food program is running and my case manager brings food to me.

I’ve noticed an improvement in the quality of food, and we get things like fresh fruits, vegetables, and meat – which is welcome. This program is greatly beneficial for me, without it life would be much harder.”

71

Number of Food Programs
that EFN Serves

1.3 Million

Total Guest Visits to Food
Programs in Pierce County

113,373

Average Visits to Food
Programs in Pierce
County Each Month

1 in 7

Ratio of People Who
Are Food Insecure in
Pierce County



Children
(Ages 3-16)

393,908

29%

Adults
(Ages 19-54)

614,711

45%

**2017
Guest
Visits**

Babies
(Ages 0-2)

50,845

4%

Seniors
(Ages 55+)

301,017

22%

55%

Visits made on
behalf of children,
babies, and seniors

What We Do

Co-op Food Purchasing Program

EFN purchases food throughout the year so that we always have nutritious staple foods available to our Partner Programs. In 2017, we expanded our Co-op Food Purchasing Program to include milk, which we purchase two times each month. We also purchase rice, oats, beans, canned fruits and vegetables, and a lean protein once per quarter. When we buy 42,000 pounds of beans, we spend just \$0.25 per pound, well below the average retail price! The Co-op Food Purchasing Program is an important part of our ability to turn \$1 into \$12 worth of food so that no person in Pierce County goes hungry.



Mother Earth Farm

EFN's Mother Earth Farm (MEF) is entering into its 17th year. In 2017, we produced over 130,000 pounds of diverse, organic, nutritiously dense produce. We grow over 120 different varieties, which we choose based on input from our food pantry guests to uniquely serve their culturally appropriate food requests.

This is our 4th year of all season production, made possible by the foundations that donated the needed infrastructure to extend our growing season. MEF is truly the culmination of incredible partnerships, a strong Pierce County Community, the commitment of our WCCW inmate crew, volunteers who love to weed, Adopt A Row devotees, donors who believe in fresh food for all and foundations that support a unique and important vision for impacting food insecurity and ensuring that no person goes hungry in Pierce County.

14.4 Million

Total Pounds of Food Distributed in 2017

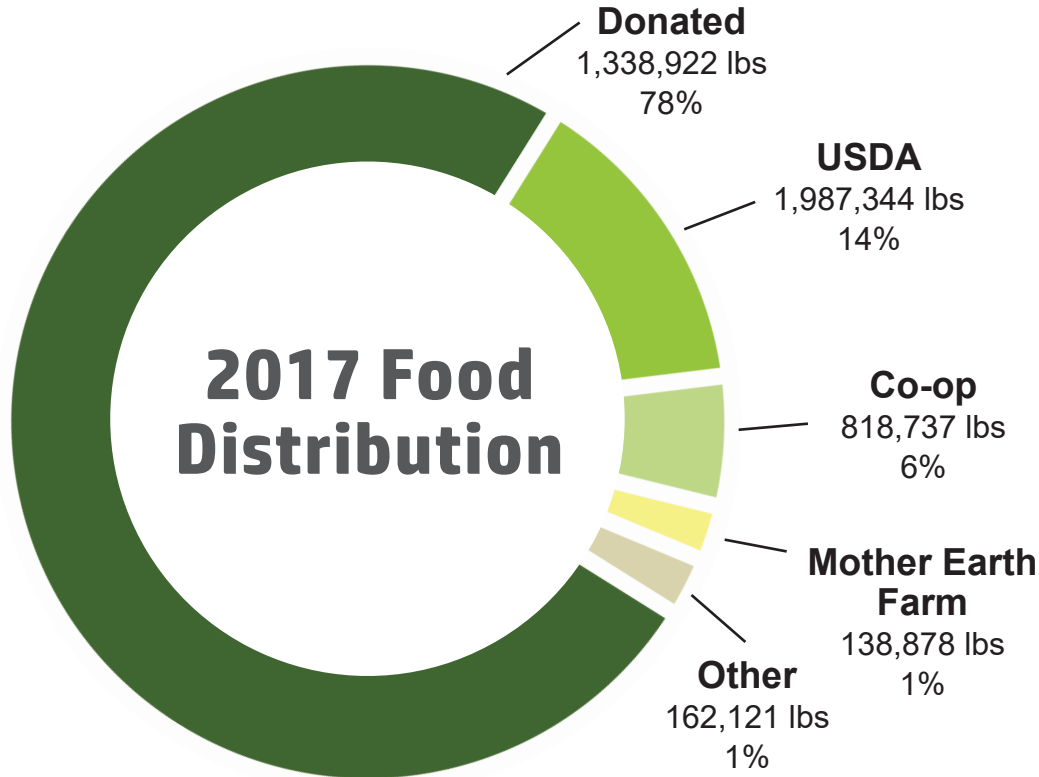
138,878

Total Pounds of Produce Grown & Harvested at Mother Earth Farm

Break Bags Program

Nearly half of the students in Pierce County School Districts rely on free and reduced-fee meals during the school day. When holiday breaks arrive, these kids often struggle to get enough nutritious food at home.

In 2017, EFN partnered with St. Leo Food Connection to distribute 6,000 Break Bags to 60 Pierce County Schools. Each Break Bag contains a variety of nutritional foods to help feed a family over an extended school break.



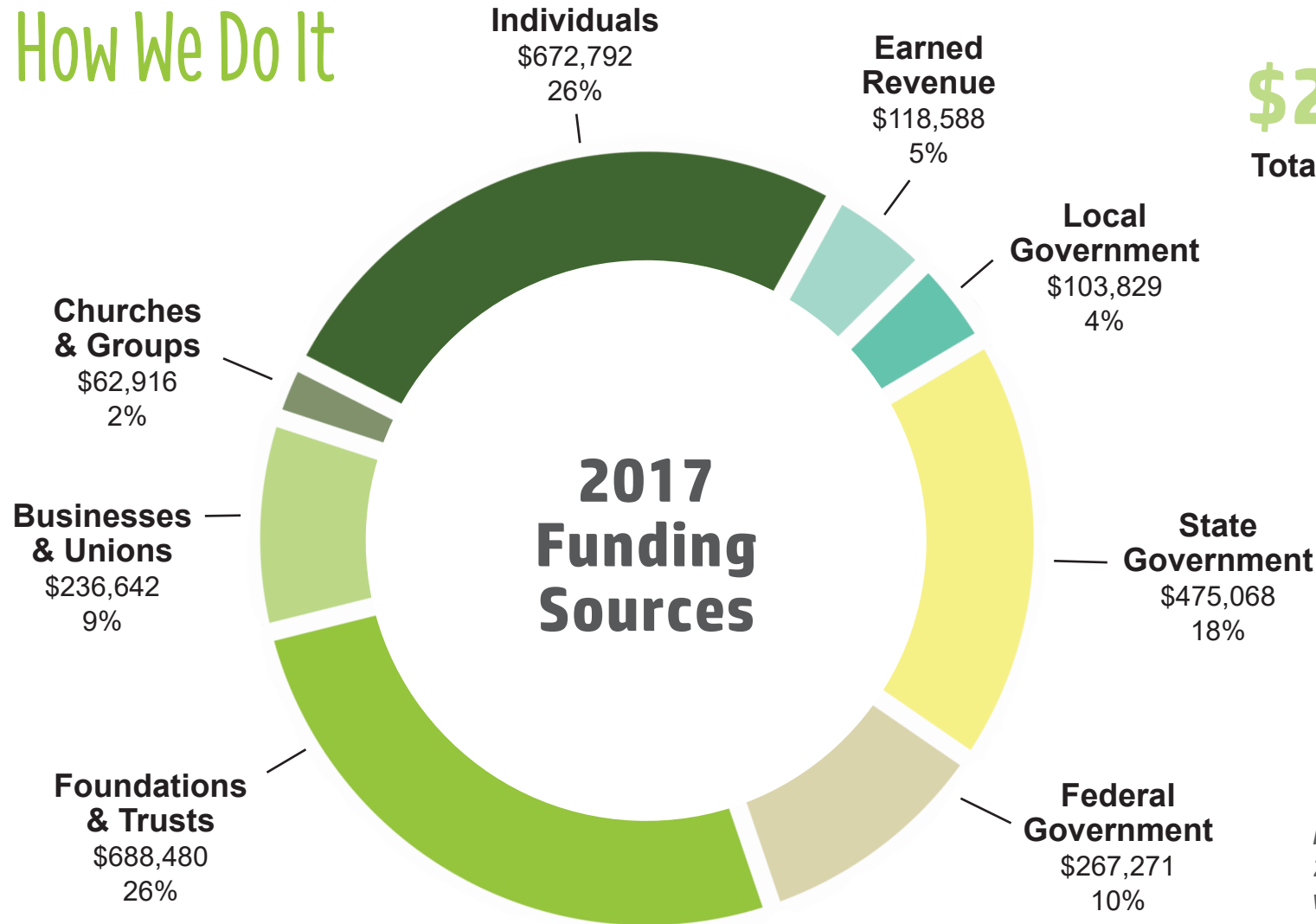
General Distribution

People often ask how EFN turns \$1 into \$12 worth of food. It is thanks to our amazing partners!

For example, when we get a donation of a truckload of apples, we only pay for trucking the donation to our warehouse. Our hardworking staff and amazing volunteers then repackage bulk donations so that they can be distributed easily to our 71 Partner Programs. We also rescue food, distribute government food, and work with community members hosting food drives.

It's all of these combined efforts (plus our Mother Earth Farm, Break Bag Program, and Co-op Food Purchasing) that make it possible to turn \$1 into \$12 worth of food.

How We Do It



\$2.6 Million

Total Revenue in 2017

Thank You

Thank you to all the generous donors who made gifts in 2017!

Full financials and a list of 2017 donors available on our website www.efoodnet.org

Grant Support

Thank you to the following organizations who made generous grants to Emergency Food Network in 2017:

- Albertsons Companies Foundation and the Entertainment Industry Foundation
- Ann & Peter Darling Fund
- Baarsma Family Charitable Fund
- Ben B. Cheney Foundation
- Bruce W. Gilpin Memorial Foundation



- Brynstad Family Fund
- Costco Wholesale
- David Fogg Family Foundation
- Deacon Foundation
- The De Falco Family Foundation
- The Defenders Giving Fund
- Dimmer Family Foundation
- The Driscoll Foundation
- The Edward P. and Juanita J. Miller Fund
- The Elliott Family Foundation
- Employee's Community Fund of Boeing - Puget Sound
- The Florence B. Kilworth Foundation
- Franciscan Foundation
- Friars-Funkhouser Charitable Fund
- George & Dorothy Babare Family Foundation
- Gottfried & Mary Fuchs Foundation
- Greater Tacoma Community Foundation – Fund for Women and Girls
- The Greg D and Melanie S McFarland Foundation
- Hyde Family Foundation
- The Jeffrey and Linda Watts Charitable Fund
- Johnson & Haefling Family Foundation
- Joseph & Caroline Haydu Endowment Fund
- KeyBank Foundation
- The Little Family Charitable Fund
- Margie Suskin Charitable Trust Foundation
- Margy McGroarty Endowment Fund
- The Max and Victoria Dreyfus Foundation
- Medina Foundation
- The Monica Butler and Peter Philley Fund
- Muckleshoot Charitable Trust
- MultiCare Community Partnership Fund
- Nisqually Tribe



- The Norcliffe Foundation
- Puget Sound Energy Foundation
- Randall and Debby Johnson Fund
- RealNetworks Foundation
- Redford Family Fund
- Robert and Sharon Camner Fund
- Rotary Club of Clover Park
- Rotary Club of Tacoma #8
- Safeco Insurance Fund
- The Schoenfeld-Gardner Foundation
- Tacoma Garden Club
- Tanz Charitable Fund
- The Titus Will Families Foundation
- The Todd and Teresa Silver Fund
- TOTE Maritime
- Tulalip Tribe
- United Way of Pierce County
- Washington Federal Foundation
- William Kilworth Foundation

How You Can Help



Volunteer

Repack Project

Come to our Lakewood warehouse to repackage bulk foods into family-sized servings to go out to food pantries.

Mother Earth Farm

Help provide a fresh food option by planting seeds, weeding, and harvesting produce at our 8-acre organic farm, located in the Puyallup Valley.

Food & Fund Drives

Collect food for our neighbors in need by hosting a Food & Fund Drive at school, church, your place of employment, grocery store, or restaurant.

Other Opportunities

Volunteer at one of our annual events, help out in the office, or lend a hand at one of the 71 Partner Programs that we serve!



2017 Volunteer Achievements

3,274

Total Volunteers

22,487

**Total Hours
Volunteered**

1.6 Million



**Total Pounds of Food
Repacked at the Repack Project**



329,783

**Total Pounds of Food
Collected at Food Drives**

Register to volunteer today!

Contact us at 253-584-1040 or
volunteer@efoodnet.org

View the volunteer calendar on our website
www.efoodnet.org



Donate

Give Money

For every \$1 donated, EFN distributes \$12 worth of food for our neighbors in need. Make your donation today online at www.efoodnet.org, call us at 253-584-1040, or mail in the enclosed envelope.

Supper Club

Join the EFN Supper Club! Your monthly donation helps EFN plan for the year and is a convenient way for you to support our work.

Give Food

Your food donations provide variety to supplement the staple items and produce Emergency Food Network distributes to our partner programs.

Leave a Legacy

By making a bequest or other planned gift to EFN, you will leave an important legacy that emphasizes your commitment to seeing that no person in Pierce County goes hungry.

See all the ways you can contribute by visiting our website www.efoodnet.org

Events

Recognition Breakfast

Wednesday, April 11, 2018

Casino Royale

Saturday, June 16, 2018

Hunger Awareness Month

May 2018

Breaking Hunger

Friday, August 10, 2018

Hunger Walk & 5K Run

Saturday, May 5, 2018

Abundance Dinner & Auction

Saturday, October 27, 2018

Letter Carriers' Food Drive

Saturday, May 12, 2018

Empty Bowls

Saturday, November 17, 2018

Read more about EFN's events and register at www.efoodnet.org.

Social Media

Stay up to date on what's going on at EFN! Follow us on Facebook, Twitter, Instagram, and YouTube!





OF TACOMA AND PIERCE COUNTY

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